



Glynneath 5 Mile Race & Fun Run Every Boxing Day

26th December 2008

Glynneath AC **Glynneath Boxing Day 5 Miles**

Race Start at 11:00am

Event Details

- A **traffic free** course with mile distance markers
- **Fast** course; suitable for serious runners & fun runners
- **Memento** to all entrants and **trophies** for category winners. **Prizes** for male & female race winners
- **Prize for the best fancy dress** and loads of spot prizes. Over 100 prizes in total.
- Toilet facilities, **parking** & refreshments available at event
- **Special categories** to include; Father & Son or Daughter, Mother & Son or Daughter, Husband & Wife
- **1st aid cover** provided by St. John Ambulance
- **Entry on day and presentation at Glynneath Social Club**
- For **further details** please visit www.Glynneath5.co.uk

ENTRY DETAILS MUST BE COMPLETED ACCURATELY, CLEARLY AND IN FULL

Surname:- _____	First Names:- _____
Address 1:- _____	Address 2:- _____
Town / City:- _____	County:- _____ Post Code:- _____
Telephone:- _____	Email:- _____
Male / Female (Insert M or F) <input type="checkbox"/> <input type="checkbox"/>	Age (On day of race) <input type="checkbox"/> <input type="checkbox"/> DOB:- _____
UKA Affiliated (Insert Yes or No) <input type="checkbox"/> <input type="checkbox"/>	UKA Registration Number:- _____
First Claim Club:- _____	

Category male:- _____ Category female:- _____

Entry Fee:- Affiliated to Welsh Athletics or UK Athletics - **£7** Not Affiliated - **£8** Entries on Day - **£10**

Closing date for postal entries is:- **23rd Dec 2008**. **Cheques** made payable to:- **Gynneath AC**

Race numbers, and race pack to be collected at event headquartes on morning of event

PLEASE ADVISE where race found:- _____

DECLARATION:- I declare that I will abide by the rules of UK Athletics. I will be 17 years or over on the day of the race . I accept that the organisers will not be responsible for any loss, damage, action claim, costs or expenses which may arise in consequence of participation in this event, however caused. I further declare that you may use my name, voice or picture in any broadcast, telecast, promotion or other account. I consent to the use of my name or records pursuant to the Data Protection Act 1998

Signed:- _____ **Date:-** _____

Please return entry forms to:- Arthur Phillips, 30 New Street, Glynneath, Neath. SA11 5AG

Or contact Arthur:- Tel (Home):- 01639 722508. Email:- enquiries@Glynneath5.co.uk

If preferred you can enter on-line @ www.RunnersWorld.co.uk/G5

Held under UK Athletics rules: Race permit no:- TBA Certificate of course accuracy no:- W / 08 / 328